

# Do Something Different Activity

**DO SOMETHING  
DIFFERENT!**

**STAR**  
SUPPORT. TRANSFORM. ACHIEVE. RESULTS.



**Health Care**

## Do Something Different Activity

Materials Needed:

- ✓ Do Something Different poster and stamp
- ✓ 11 x 17 version of Do Something Different poster
- ✓ Do Something Different activities list
- ✓ Do Something Different reminder fliers
- ✓ Do Something Different feedback fliers

### Actions:

During the **Culture Clinic session**, the facilitator will introduce the Do Something Different activity and distribute the **participation cards** using the following language:

*We have designed an activity to help your group continue to create a STAR work environment.*

*For the next two weeks we want you to use a poster in your break room/neighborhood to stamp every time you Do Something Different! (**show 11 x 17 example poster**). To help you think of things to do, we have lists with ideas for ways to support co-workers (blue support list), and ways to take more control over your work time and processes (control list). Today you will pick an item that you would like to do. When you have finished it stamp the poster, and then pick a new item, and keep going! As the poster fills up you will be able to see how everyone is working together to create a STAR work environment.*

*We're excited for you to get out and do new things to create a STAR work environment! Are there any questions about this activity?*

## STAR Facilitator Responsibilities

STAR Facilitator will:

- ✓ hang DSD poster with attached stamp in employee break room/neighborhood (Week 6)
- ✓ print and post DSD reminders (Week 6)
- ✓ take DSD poster down (Week 8)
- ✓ take DSD poster to share in *Forums* (Week 11)
- ✓ share DSD poster in *Forums* (Week 11)
- ✓ print, fill in, and post DSD feedback fliers based on data in posters (Week 11)

## Supplemental Activities to Increase Participation

To increase motivation and participation for Do Something Different activity, you can provide employees with participation incentives. For example, you can give employees Do Something Different Cards that they can carry, keep at their desks, or wear on lanyards. Then, anytime an employee stamps the Do Something Different poster, the employee also stamps the back of their card. Employees also write their names on the cards, and cards are collected during the *Forums*. Employees who participate in the activities have their cards entered into a random drawing for incentives.

### **Additional materials needed:**

Do Something Different participation cards

### **Additional Language during Culture Clinic Session:**

*To remind everyone to do new things, we have a Do Something Different Participation card for you to wear on your lanyards (**pass out participation cards**). Each time you stamp the group poster, stamp your participation card. Put your name on it and turn it in at Forum session for another chance to win a STAR Participation raffle drawing!*

### **Additional STAR Facilitator Responsibilities:**

- ✓ Print Do Something Different Cards (professional printing company recommended)
- ✓ Distribute and collect cards during the appropriate sessions
- ✓ Conduct random drawing for incentives
- ✓ Distribute incentives

# DO SOMETHING DIFFERENT!


1. Pick an item from the DSD List
2. Do Something Different!
3. Stamp the DSD poster

**DO SOMETHING DIFFERENT!**

After Doing Something Different, stamp the poster in the control or support category. Then, pick another activity from the lists and keep on going!

<b>CONTROL (Blue List)</b>	<b>SUPPORT (Red List)</b>
<p>I took greater control over MY WORK TIME. I created a smarter/better way to care for RESIDENTS.</p>	<p>I gave or received FAMILY or PERSONAL support. I gave or received support caring for a RESIDENT.</p>

**PARTICIPATION RAFFLE**  
Remember to stamp your card!



# STAR

SUPPORT. TRANSFORM. ACHIEVE. RESULTS.

## DO SOMETHING DIFFERENT RESULTS

**Total Stamps**

**Reported taking  
CONTROL over work  
time**

**Reported SUPPORT  
for a coworker or  
resident**

**THANKS  
TO  
EVERYONE  
WHO  
PARTICIPATED!!**

# DO SOMETHING DIFFERENT!

After Doing Something Different, stamp the poster in the control or support category. Then, pick another activity from the lists and keep on going!

## CONTROL (Blue List)

I took greater control over MY WORK TIME.  
I created a smarter/better way to care for RESIDENTS.

## SUPPORT (Red List)

I gave or received FAMILY or PERSONAL support.  
I gave or received support caring for a RESIDENT.

PARTICIPATION RAFFLE  
Remember to stamp your card!



# DO SOMETHING DIFFERENT!

---

Name

Turn this card in during the *Forums Session* for a chance to win a gift basket!



# DO SOMETHING DIFFERENT!

Stamp this card each time you visit the poster to record your DSD card.

I took control over  
my work!

I provided support to  
a coworker/resident!